

How to use MINDBODY on your computer:

1. Go to <https://clients.mindbodyonline.com/classic/ws?studioid=5737594&stype=-98> . This takes you directly to the Tidal Physio & Pilates MINDBODY page. (Remember to add it to your bookmarks for easy reference!)
2. Log In or Create an Account

3. You can view classes when you click the “Classes”, Workshops under the “Enrolments” Tab and view all pricing option in the “Online Store” Tab

4. You will be required to log in to make a booking/purchase.

If you have any questions, please contact us via telephone at +61 0422402627 or email at info@tidalphysio.com.au